



**COMHDHÁIL NA MUINTEOIRÍ
LE RINCÍ GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA
An Chomhdháil**

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GRADE

EXAMINATION

SYLLABUS

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE EXAMINATION SYLLABUS 2018

| | |
|--------------------|--|
| GRADE ONE | 'A' Reel, 'A' Light Jig, 'A' Single Jig, Walls of Limerick |
| GRADE TWO | 'A' Slip Jig, 'A' Treble Jig, 'B' Reel, Siege of Ennis |
| GRADE THREE | 'B' Slip Jig, 'B' Single Jig, 'A' Hornpipe, Harvest Time Jig |
| GRADE FOUR | 'C' Reel, 'B' Treble Jig, 'B' Hornpipe, St Patrick's Day, Fairy Reel, Siege of Carrick |
| GRADE FIVE | 'C' Slip Jig, 'C' Single Jig, 'C' Treble Jig, 'C' Hornpipe, 4-Hand Reel, Sweets of May |
| GRADE SIX | Pre-Open Reel, Pre-Open Slip Jig, Pre-Open Treble Jig, Blackbird, Antrim Reel, Morris Reel |
| GRADE SEVEN | Pre-Open Hornpipe, Pre-Open Single Jig, Open Light Jig, 3 Sea Captains, Own Choice Jig Set Dance (max 8:16), Humours of Bandon, High Cauled Cap |
| GRADE EIGHT | Open Reel, Open Slip Jig, Open Heavy Jig, Job of Journey Work, Own Choice Hornpipe Set Dance (max 8:16), Glencar Reel, Lannigan's Ball |
| GRADE NINE | Open Single Jig, Open Hornpipe, Garden of Daisies, Own Choice Jig Set Dance, Own Choice Hornpipe Set Dance, Gates of Derry, 8-Hand Reel |
| GRADE TEN | King of the Fairies, Own Choice Jig Set Dance x 2, Own Choice Hornpipe Set Dance x 2, Three Tunes, 8-Hand Jig |

Open Dances should include a variety of both advanced and traditional movements.

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE ONE 'A' Reel, 'A' Light Jig, 'A' Single Jig, Walls of Limerick

THEORY AND MUSIC

- 1) Give the time signatures of the following dances:
Reel 2/4 or 4/4
Light Jig 6/8
Single Jig 6/8
Walls of Limerick 2/4 or 4/4

- 2) Name the movements of the Walls of Limerick.
 - a) Advance and Retire
 - b) Exchange Places
 - c) Dance with Opposite
 - d) Dance Around

- 3) How do you place your hands when dancing?
Hands are placed down by your sides with hands turned in.

- 4) What is the first thing you do when you walk on stage?
You stand straight, hands by your sides and point your toe.

- 5) What way should your toes be while dancing?
Toes should always be turned out.

- 6) What part of your feet should you dance on in your light dancing?
You should dance on your toes.

- 7) What follows the lead around?
The sidestep follows lead around.

- 8) Is the Walls of Limerick danced in Reel or Jig time?
It is danced in Reel time.

- 9) How many bars do you wait for before you start to dance?
8 Bars of music.

- 10) How many 1 2 3's are there in the lead around in the Reel?
There are eight 1 2 3's in the lead around.

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE 1 – IRISH SECTION

- Q.1 Fáilte Romhat Faul-che ro-it
Welcome
- A.1 Go raibh maith agat Gur-rev mah egg-ut
Thank you
- Q.2 Cad is ainm duit? Cod is anem dit?
What is your name?
- A.2 _____ is ainm dom _____ is anem dumb
My name is _____
- Q.3 Cén aois thú? Kane eesh who?
What age are you?
- A.3 Tá mé _____ bliana d’aois Taw may ____ bleena deesh
I am _____ years old
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4 Reel Cor
Light Jig Port Eadrom
Single Jig Port Singil
Walls of Limerick Ballaí Luímní
- Q.5 Slán leat Slawn latt
Goodbye
- A.5 Go raibh maith agat Gur rev mah egg ut
Thank you

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE TWO 'A' Slip Jig, 'A' Treble Jig, 'B' Reel, Siege of Ennis

THEORY AND MUSIC

- 1) Give the time signatures of the following dances:
Slip Jig 9/8
Siege of Ennis 6/8
Reel 2/4 or 4/4
Treble Jig 6/8
- 2) Name the movements of the Siege of Ennis.
a) Advance and Retire
b) Sides
c) Hands Across
d) Advance, Retire and Pass Through
- 3) Describe the rule for side stepping.
On the right foot you go behind and on the left foot you go in front.
- 4) Where should hands be held in Ceili or Figure Dancing?
Hands should be held at shoulder level with elbows bent. Lady's hand is on top of the gentleman's hand.
- 5) How many movements are there in the Siege of Ennis?
There are four movements.
- 6) Where does the lady stand in relation to the gentleman?
On the gentleman's right hand side.
- 7) Is the Siege of Ennis danced in Reel or Jig time?
Jig time.
- 8) What kind of dance is the Siege of Ennis?
It is a long dance and is mainly danced at a Ceilí.
- 9) What is the formation of the Siege of Ennis?
Line of four facing another line of four
- 10) What is the difference between the Treble Jig and the Light Jig music?
The Treble Jig music is played at a slower tempo/speed.

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE 2 – IRISH SECTION

- Q.1 Fáilte Romhat Faul-che ro-it
Welcome
- A.1 Go raibh maith agat Gur-rev mah egg-ut
Thank you
- Q.2 Cad is ainm duit? Cod is anem dit?
What is your name?
- A.2 _____ is ainm dom _____ is anem dumb
My name is _____
- Q.3 Cad is ainm do mhúinteoir rince? Cod is anem du woon-toir rinnke?
What is the name of your dancing teacher?
- A.3 _____ is ainm di/dó _____ is anem dee/doh
_____ is her/his name
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4 Slip Jig Port Luascadh
Siege of Ennis Ionsaí na hÍnse
Reel Cor
Treble Jig Port Trom
- Q.5 Slán leat Slawn latt
Goodbye
- A.5 Go raibh maith agat Gur rev mah egg ut
Thank you

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE THREE 'B' Slip Jig, 'B' Single Jig, 'A' Hornpipe, Harvest Time Jig

THEORY AND MUSIC

- 1) Give the time signatures of the following dances:

| | |
|------------------|-----|
| Slip Jig | 9/8 |
| Single Jig | 6/8 |
| Hornpipe | 4/4 |
| Harvest Time Jig | 6/8 |

- 2) Name the movements of the Harvest Time Jig.
 - a) Advance and Retire
 - b) Sides
 - c) Right Hands Across
 - d) Sides
 - e) Left Hands Across
 - f) Step and Turn
 - g) Advance, Retire and Pass Through

- 3) How many bars of music are in a step?
16 in total - Eight bars of music on the right foot and eight bars of music on the left foot.

- 4) Describe the rule for side stepping?
On the right foot, you go behind.....on the left foot, you go in front.

- 5) What kind of dance is the Harvest Time Jig?
It is a progressive long dance normally performed at a Ceili.

- 6) Name the position of the dancers in the Harvest Time Jig?
Three facing three, with the gentelman in the centre.

- 7) How many movements are in the Harvest Time Jig?
There are 7 movements in the dance.

- 8) What side-step is used in the Harvest Time Jig?
Side-step to the right, ending with the 'Rising Step', and side-step back again, ending with the 'Rising Step'.

- 9) Describe the 'Step and Turn' movement.
The sink and grind is performed with each partner on the right foot. First time give right hand and dance around. Repeat the movement but this time giving the left hand.

- 10) How do you perform the pass through movement in the Harvest Time Jig?
All dancers drop hands, advance and pass through, right shoulder to right shoulder.

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(An Chomhdháil)

GRADE 3 – IRISH SECTION

- Q.1 Fálite Romhat Faul-che ro-it
Welcome
- A.1 Go raibh maith agat Gur-rev mah egg-ut
Thank you
- Q.2 Cad is ainm duit? Cod is anem dit?
What is your name?
- A.2 _____ is ainm dom _____ is anem dumb
My name is _____
- Q.3 Cad is ainm do mhúinteoir rince? Cod is anem du woon-toir rinnke?
What is the name of your dancing teacher?
- A.3 _____ is ainm di/dó _____ is anem dee/doh
_____ is her/his name
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4 Slip Jig Port Luascadh
Single Jig Port Singil
Hornpipe Cornphiopa
Harvest Time Jig Port an Fhomhair
- Q.5 Slán leat Slawn latt
Goodbye
- A.5 Go raibh maith agat Gur rev mah egg ut
Thank you

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE FOUR 'C' Reel, 'B' Treble Jig, 'B' Hornpipe, St Patrick's Day, Fairy Reel, Siege of Carrick

THEORY AND MUSIC

1) Give the time signatures of the following dances:

| | |
|------------------|--------------------------------|
| Reel | 2/4 or 4/4 |
| Treble Jig | 6/8 |
| Hornpipe | 4/4 |
| St Patrick's Day | 6/8 - Step 8 bars; Set 14 bars |
| Siege of Carrick | 6/8 |
| Fairy Reel | 2/4 or 4/4 |

2) Name the movements in the following dances:

FAIRY REEL

- a) Advance and Retire
- b) Rings
- c) Advance and Retire
- d) Rings
- e) Slip Sides
- f) Gents Centre and Link Arms
- g) Square and Diamond
- h) Arches
- i) Advance, Retire and Pass Through

SIEGE OF CARRICK

- a) Rings
- b) Right and Left Wheels
- c) Down Centre and Turn
- d) Up Centre and Swing

3) How many Steps and Sets are performed in St Patricks Day?

Lead up, first set, second step, second set and last step

4) Name the Tune that the Siege of Carrick is danced to?

It is usually danced to the Jig tune called the Haste to the Wedding

5) Give the position of the dancers in the Fairy Reel.

Three facing three, with the gentleman in the middle and a lady on either side.

6) Give the positions of the dancers in the Siege of Carrick at the start of the dance.

Each set of two couples face each other form a ring.

7) Which lady forms the first arch in the Fairy Reel?

The lady on the right of the gentleman forms the first arch, so that the lady on the left passes under the arch first.

8) What type of dance is the Siege of Carrick?

It is a progressive long dance, mainly danced at a ceili.

9) What direction do the gents dance in the square and diamond movement in the Fairy Reel?

To the right

10) Describe the 'Ring' movement in the Siege of Carrick?

Each set of 4 dancers hold hands and form a ring. All dancers sidestep to the left finishing with two 3's and return to the right again finishing with two 3's (8 bars).

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GRADE 4 – IRISH SECTION

- Q.1 Fáilte Romhat Faul-che ro-it
Welcome
- A.1. Go raibh maith agat Gur-rev mah egg-ut
Thank you
- Q.2. Cad is ainm duit? Cod is anem dit?
What is your name?
- A.2 _____ is ainm dom _____ is anem dumb
My name is _____
- Q.3 Cén aois thú? Kane eesh who?
What age are you?
- A.3 Tá mé _____ bliana d’aois Taw may _ bleena deesh
I am _____ years old
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4 Reel Cor
Treble Jig Port Trom
Hornpipe Cornphiopa
St Patrick’s Day Lá Le Padraig
Siege of Carrick Brisheadh na Carraige
Fairy Reel Cor na Siog
- Q.5 Cad is ainm do mhuinteoir rince? What is the name of your Dancing Teacher
Cod is anem du woon-toir rinke
- A.5 _____ is ainm di/do _____ Is her/his name
_____ is anem dee/doh
- Q.6 Ar mhait leat glacadh part I gcomortais rince?
Do you like taking part in Competition
- A.6 Is maith liom gcomortais I like competition
is moh lum comortas
- Q.7 Slán leat Slawn latt
Goodbye
- A.8 Go raibh maith agat Gur rev mah egg ut
Thank you

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE FIVE 'C' Slip Jig, 'C' Single Jig, 'C' Treble Jig, 'C' Hornpipe, 4-Hand Reel, Sweets of May

THEORY AND MUSIC

1) Give the time signatures of the following dances:

| | |
|---------------|------------|
| Slip Jig | 9/8 |
| Single Jig | 6/8 |
| Treble Jig | 6/8 |
| Hornpipe | 4/4 |
| 4-Hand Reel | 2/4 or 4/4 |
| Sweets of May | 6/8 |

2) Name the movements of the following dances:

SWEETS OF MAY

- a) 1st Figure - Circle
- b) Body: Cross Over & Back
Advance and Retire
Ringing the Bells
- c) 2nd Figure - Lead Around
- d) Body
- e) 3rd Figure - Swing Around
- f) Body
- g) 4th Figure - Arches
- h) Body
- i) Finish – 1st Figure – Circle

4-HAND-REEL

- a) Lead Around
- b) Body: Square
Four Sevens
Right and Left Wheel
Down the Centre
Right and Left Chain
- c) 1st Figure – Figure of Eight and Ring of Threes
- d) Body
- e) 2nd Figure – Ladies Chain
- f) Body
- g) Finishing Movement – Lead Around

3) How many movements are in the body of the 4-Hand Reel?

In the 4-Hand Reel the body has 5 movements.

4) How many Figures in the Sweets of May?

In the Sweets of May there are four Figures.

5) When is 1st Figure performed in the Sweets of May?

It's the opening movement

6) What is the formation of the Sweets of May and what music is it danced to?

The Sweets of May is a dance for 4 couples in jig time, danced to a tune of the same name.

7) How many chains in the 4-Hand Reel and name them?

There are two chains - right and left chain and ladies' chain

8) How many times do you perform the Lead Around in the 4-Hand Reel and Sweets of May?

You perform the Lead Around twice in the 4-Hand Reel and once in the Sweets of May

9) What is the name of the 1st Figure in the 4-Hand Reel and who performs it first?

The name of the first figure is Figure of 8 and Rings of Three, and couple 1 perform it first.

10) Describe the "Ringing the Bells" movement from the Sweets of May

Hit your knees for four beats alternating right and left hand and clap hands twice, repeat and then sidestep to partner's place. Repeat to return to place.

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(An Chomhdháil)

GRADE 5 – IRISH SECTION

- Q.1 Fáilte Romhat
Welcome
- Faul-che ro-it
- A.1 Go raibh maith agat
Thank you
- Gur-rev mah egg-ut
- Q.2 Cad is ainm duit?
What is your name?
- Cod is anem dit?
- A.2 _____ is ainm dom
My name is _____
- _____ is anem dumb
- Q.3 Cén aois thú?
What age are you?
- Kane eesh who?
- A.3 Tá mé _____ bliana d’aois
I am _____ years old
- Taw may _ bleena deesh
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4 Slip Jig Port Luascadh
Single Jig Port Singil
Treble Jig Port Trom
Hornpipe Cornphiopa
4-Hand Reel Cor Ceathrair
Sweets of May Aoibhneas na Bealtaine
- Q.5 Cad is ainm do mhuinteoir rince?
Cod is anem du woon-toir rinke
- What is the name of your Dancing Teacher?
- A.5 _____ is ainm di/do
_____ is anem dee/doh
- _____ Is her/his name
- Q.6 Ar mhait leat glacadh part I gcomortais rince?
Do you like taking part in Competition?
- A.6 Is maith liom gcomortais
is moh lum comortas
- I like competition
- Q.7 Slán leat
Goodbye
- Slawn latt
- A.8 Go raibh maith agat
Thank you
- Gur rev mah egg ut

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

**GRADE SIX Pre-Open Reel, Pre-Open Slip Jig, Pre-Open Treble Jig, Blackbird, Antrim Reel,
Morris Reel**

THEORY AND MUSIC

- 1) Give the time signatures of the following dances:
- | | |
|-------------|---------------------|
| Reel | 2/4 or 4/4 |
| Slip Jig | 9/8 |
| Treble Jig | 6/8 |
| Blackbird | 2/4 Step 15; Set 30 |
| Antrim Reel | 2/4 or 4/4 |
| Morris Reel | 2/4 or 4/4 |
- 2) Name the movements of the following dances:
- | ANTRIM REEL | MORRIS REEL |
|-----------------------------|--|
| a) Advance and Return | a) Lead Around |
| b) Right and Left Hand Turn | b) Body: Sides |
| c) Sidestep and Cross Over | Right Hands Across in Centre |
| d) Dance Down Centre | Return Chain |
| e) Right and Left Wheels | Back to Back and Swing |
| f) Sidestep with Opposite | c) 1 st Figure – Advance and Retire |
| g) Left and Right Wheels | d) Body |
| h) Swing out to Next Couple | e) 2 nd Figure – Ladies Chain |
| | f) Body |
| | g) Finishing Movement – Advance and Retire |
- 3) How many Steps and Sets are performed in the Blackbird?
Lead around, first set, step, second set, last step
- 4) What is the name given to the second step and the second set in the Blackbird?
The second step is named Horgan's Pick; the second set is named Moore's Dream.
- 5) What type of dance is the Antrim Reel, and what is the formation?
The Antrim Reel is a progressive long dance in reel time for any even number of couples. Each couple facing each other.
- 6) Explain the Right and Left Wheels in the Antrim Reel.
All four dancers give right hands in the centre and dance around with promenade step (4 bars) on fourth bar, release hands, turn around, give left hands in centre and dance back to place (4 bars).
- 7) What is the 3rd movement of the Antrim Reel?
The third movement is Sidestep and Cross Over.
- 8) What chains are in the Morris Reel and name them?
There are two chains – return chain and ladies' chain
- 9) Which couples perform the Back to back and swing movement in the Morris Reel?
Back to back is performed by couples 1&4 and 2&3. Swing is performed by 1&3 and 2&4
- 10) Describe the sides movement in the Morris Reel?
Couples take crossed hands and exchange places tops to the right and sides to the left first time (8 bars) repeat movement tops going to left this time and sides to the right. Sidestep rule applies.

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE 6 – IRISH SECTION

- Q.1 Fáilte Romhat Faul-che ro-it
Welcome
- A.1 Go raibh maith agat Gur-rev mah egg-ut
Thank you
- Q.2 Cad is ainm duit? Cod is anem dit?
What is your name?
- A.2 _____ is ainm dom _____ is anem dumb
My name is _____
- Q.3 Cén aois thú? Kane eesh who?
What age are you?
- A.3 Tá mé _____ bliana d’aois Taw may _ bleena deesh
I am _____ years old
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4 Reel Cor
Slip Jig Port Luascadh
Treble Jig Port Trom
Blackbird An Londubh
Antrim Reel Cor Aontroma
Morris Reel Cor Muirgheis
- Q.5 Cad is ainm do mhuinteoir rince? What is the name of your Dancing Teacher?
Cod is anem du woon-toir rinnke
- A.5 _____ is ainm di/do _____ is her/his name
_____ is anem dee/doh
- Q.6 Ar mhait leat glacadh part I gcomortais rince?
Do you like taking part in Competition?
- A.6 Is maith liom gcomortais I like competition
is moh lum comortas
- Q.7 Ce acu b’fhearr leat, rince aonair no rince foirne
Kay occu bar lat, rinnke ainor no rinnke four-ne
Do you prefer solo or figure dancing?
- A.7 Is fearr liom rince aonair. Is fear liom rince foirne
Is far lum rinnke ainor Is far lum rinnke four-ne
I like solo dancing I like figure dancing
- Q.8 Slán leat Slawn latt
Goodbye
- A.8 Go raibh maith agat Gur rev mah egg ut
Thank you

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(An Chomhdháil)

**GRADE SEVEN Pre-Open Hornpipe, Pre-Open Single Jig, Open Light Jig, 3 Sea Captains, Own
Choice Jig Set Dance (max 8:16), Humours of Bandon, High Cauled Cap**

THEORY AND MUSIC

1) Give the time signatures of the following dances:

| | |
|-------------------|-------------------|
| Light Jig | 6/8 |
| Single Jig | 6/8 |
| Hornpipe | 4/4 |
| 3 Sea Captains | 6/8 Step 8 Set 20 |
| Humours of Bandon | 6/8 |
| High Cauled Cap | 2/4 or 4/4 |

2) Name the movements of the following dances:

HIGH CAULED CAP

- a) Lead Around
- b) Body: Sides All Around
 - Double Quarter Chain
 - Ladies Interlace
 - Gentlemen Interlace
 - Stamp and Clap
- c) 1st fig: Sidestep to Opposite
- d) Body
- e) 2nd Figure – Circle and Cross
- f) Body
- g) 3rd Figure – Ladies Chain
- h) Body
- i) Finishing Movement – Advance and Retire

HUMOURS OF BANDON

- a) Lead Around
- b) Body: Sides
 - Full Turn and Pass Through
 - Sides
 - Full Turn and Pass Through
- c) 1st Figure - Advance Through Centre
- d) Body
- e) Opposite Couple repeat 1st figure
- f) Body
- g) 2nd Figure - Centre Meet
- h) Body
- i) Opposite Couple repeat 2nd figure
- j) Body
- k) 3rd Figure – Ladies Chain
- l) Body
- m) Lead Around

3) What music is the Humours of Bandon danced to?

The Humours of Bandon is danced to a tune of the same name; the body is danced to the second part of the tune

4) What is the formation of the Humours of Bandon and how many times is the body danced?

This is a dance for 2 couples in Jig time. The lady is on the gentleman's right hand side and both couples face each other. The body of the dance is performed after the lead around and after each couple performs each figure, so it is danced 6 times in total.

5) How do you perform the Ladies Chain in the Humours of Bandon?

Ladies advance and take right hands in centre, continue on to opposite gentleman with left hand, turn once and return to own partner with right hand (passing right shoulder to right shoulder) Couples swing around each other.

6) How do you perform the Stamp and Clap movement of the High Cauled Cap.

All stamp right foot (twice) then clap hands (3 times) (2 bars), Repeat (2 bars). Partners exchange places with sidestep, finishing with two 3's (4 bars). The movement is repeated for dancers to return to original positions (8 bars).

7) How many times is the body danced in the High Cauled Cap?

The body is danced 4 times.

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- 8) What type of chain is danced in the High Cauled Cap?
The double quarter chain is danced in the High Cauled Cap
- 9) What is the name of the 1st Figure in the High Cauled Cap and who performs it first?
The name of the first figure is Sidestep to Opposite, and each couple performs it starting with couple 1.
- 10) What are the similarities between the Humours of Bandon and the High Cauled Cap?
Both dances commence with a lead around, and the 3rd figure is the same – they both dance the Ladies Chain.

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE 7 – IRISH SECTION

- Q.1 Fáihte Romhat
Welcome
- Faul-che ro-it
- A.1 Go raibh maith agat
Thank you
- Gur-rev mah egg-ut
- Q.2 Cad is ainm duit?
What is your name?
- Cod is anem dit?
- A.2 _____ is ainm dom
My name is _____
- _____ is anem dumb
- Q.3 Cén aois thú?
What age are you?
- Kane eesh who?
- A.3 Tá mé _____ bliana d’aois
I am _____ years old
- Taw may _ bleena deesh
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4 Light Jig Port Eadrom
Single Jig Port Singil
Hornpipe Cornphiopa
3 Sea Captains Na Triuir Chaptaen Mara
Set Dance Rince Leithleach
Humours of Bandon Plearacha na Bandan
High Cauled Cap Cadhp an Chuil Ard
- Q.5 Cad is ainm do mhuinteoir rince?
Cod is anem du woon-toir rinnke
- What is the name of your Dancing Teacher?
- A.5 _____ is ainm di/do
_____ is anem dee/doh
- _____ is her/his name
- Q.6 Ar mhait leat glacadh part I gcomortais rince?
Do you like taking part in Competition?
- A.6 Is maith liom gcomortais
is moh lum comortas
- I like competition
- Q.7 Ce acu b’fhearr leat, rince aonair no rince foirne
Kay occu bar lat, rinnke ainor no rinnke four-ne
- Do you prefer solo or figure dancing?
- A.7 Is fearr liom rince aonair.
Is far lum rinnke ainor
I like solo dancing
- Is fear liom rince foirne
Is far lum rinnke four-ne
I like figure dancing

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

Q.7 Ce Mheid Bliana a bhfuil tu ag damhsa How many years are you dancing?
Kay vaid belln a will to egg dowsah

A.7 _____ Bhlíana _____ years
_____ Vleena

Q.8 Slán go Foill Slawn gu foal
Goodbye for now

A.8 Go raibh maith agat Gur rev mah egg ut
Thank you

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

**GRADE EIGHT Open Reel, Open Slip Jig, Open Heavy Jig, Job of Journey Work, Own Choice
Hornpipe Set Dance (max 8:16), Glencar Reel, Lannigan's Ball**

THEORY AND MUSIC

- 1) Give the time signatures of the following dances:
- | | |
|---------------------|-------------------|
| Reel | 2/4 or 4/4 |
| Slip Jig | 9/8 |
| Heavy Jig | 6/8 |
| Job of Journey Work | 4/4 Step 8 Set 16 |
| Glencar Reel | 2/4 or 4/4 |
| Lannigan's Ball | 6/8 |
- 2) Name the movements in the following dances:
- | GLENCAR REEL | LANNIGAN'S BALL |
|-----------------------|------------------------------|
| a) Advance and Retire | a) Ring |
| b) Ring | b) Quarters Hook |
| c) Sidestep Through | c) Rise and Grind Step |
| d) Figure of 8 | d) Lead around in Centre |
| e) Double Figure of 8 | e) Flirtation |
| f) The Waves | f) Stack Up |
| g) Full Chain | g) Lead Around |
| | h) Finishing Movement - Ring |
- 3) How many Steps and Sets are performed in the Job of Journey Work?
Lead up, set and last step
- 4) What is the formation of the Glencar Reel?
This is a dance three facing three. The dancers line up in two rows facing each other, the gentlemen on one side and the ladies on the other side. Partners face each other.
- 5) How many movements are in the Glencar Reel?
There are 7 movements in the Glencar Reel?
- 6) What's unusual about the Chain movement of the Glencar Reel?
Not all couples take hands at the start – only couple one
- 7) What is the Sidestep Through movement of the Glencar Reel?
All dancers turn and sidestep to the right passing face to face with their partner, finishing with two 3's (4 bars), sidestep back to place, again finishing with two 3's and turning into original positions (4 bars).
- 8) What type of dance is Lannigan's Ball and what tune is it danced to?
The Lannigan's Ball is a round dance for 4 couples danced to the tune of the same name.
- 9) How do you perform the Quarters Hook in Lannigan's Ball?
The gentlemen link right arms with the lady on their left and with promenade step dance around (2 bars) and back to their own partner giving left arms, turn partner (2 bars) and return to the lady on left with right arm (2 bars), finishing with each gentleman facing the lady on their left.
- 10) How does the Lead Around movement of the Lannigan's Ball differ from how it is normally performed?
It is only performed once anticlockwise finish turning into a circle (8 bars)

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE 8 – IRISH SECTION

- Q.1 Fáilte Romhat Faul-che ro-it
Welcome
- A.1 Go raibh maith agat Gur-rev mah egg-ut
Thank you
- Q.2 Cad is ainm duit? Cod is anem dit?
What is your name?
- A.2 _____ is ainm dom _____ is anem dumb
My name is _____
- Q.3 Cén aois thú? Kane eesh who?
What age are you?
- A.3 Tá mé _____ bliana d’aois Taw may _ bleena deesh
I am _____ years old
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4 Reel Cor
Slip Jig Port Luascadh
Heavy Jig Port Trom
Job of Journey Work An Greas Guirnala
Set Dance Rince Leithleach
Glencar Reel Cor Gleann Cearr
Lannigan’s Ball Baineis Ui Lonagain
- Q.5 Cad is ainm do mhuinteoir rince? What is the name of your Dancing Teacher?
Cod is anem du woon-toir rinke
- A.5 _____ is ainm di/do _____ Is her/his name
_____ is anem dee/doh
- Q.6 Ar mhait leat glacadh part I gcomortais rince?
Do you like taking part in Competition?
- A.6 Is maith liom gcomortais I like competition
is moh lum comortas
- Q.7 Ce acu b’fhéarr leat, rince aonair no rince foirne
Kay occu bar lat, rinke ainor no rinke four-ne
Do you prefer solo or figure dancing?
- A.7 Is féarr liom rince aonair. Is fear liom rince foirne
Is far lum rinke ainor Is far lum rinke four-ne
I like solo dancing I like figure dancing
- Q.8 Cen caitheamh aimsire ata agat? What are your hobbies?
Kane cohiv-eyem-shira ataw agut?

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

- A.8 Is maith liom _____ I like _____
Is mah lum
- Q.9 Ce mheid blian a bhfuil tu ag damhsa? How many years are you dancing?
Kay vaid bleen a will too egg dowsah
- A.9 _____ bleena _____ years
_____ vleena
- Q.10 Slán go Foill Slawn gu foal
Goodbye for now
- A.10 Go raibh maith agat Gur rev mah egg ut
Thank you

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE NINE

**Open Single Jig, Open Hornpipe, Garden of Daisies, Own Choice Jig Set Dance,
Own Choice Hornpipe Set Dance, Gates of Derry, 8-Hand Reel**

THEORY AND MUSIC

1) Name the following dances in Irish and give their time signatures:

| | | |
|-------------------|--------------------|-------------------|
| Single Jig | Port Singil | 6/8 |
| Hornpipe | Cornphiopa | 4/4 |
| Garden of Daisies | Gairdin na Noinini | 4/4 Step 8 Set 16 |
| Gates of Derry | Geatai Dhoire | 6/8 |
| 8-Hand Reel | Cor Ochtair | 2/4 or 4/4 |

2) Name the movements in the following dances:

GATES OF DERRY

- a) Advance and Retire
- b) The Gates
- c) Rings
- d) The Gates
- e) Telescope
- f) Right and Left Wheel
- g) Swing Around
- h) 1st Repeat
- i) 2nd Repeat
- j) Finish – Advance & Retire

8-HAND REEL

- a) Lead Around
- b) Body: Extended Sides
 Sidestep Across
 Return Chain
 Back to Back and Swing
- c) 1st Figure – Advance and Retire
- d) Body
- e) 2nd Figure – Ladies Chain
- f) Body
- g) Finishing Movement – Advance & Retire

3) What type of tune is played for the Gates of Derry and what is the name of this tune?
Single Jig, The Quaker's Wife

4) How many times do you perform the "Advance and Retire" movement in the Gates of Derry?
Twice – at the start and finish

5) Name *three* things to remember when performing the "Telescope".

- Weave in and out
- Continuous sevens in middle
- Two threes when reach either end of the set
- Couples 1+3 commence with hands up
- Alternate between holding uncrossed hands and dancing without hands

6) What are the differences between the first repeat and second repeat in the Gates of Derry?
The Advance and Retire is not performed in the first repeat. The Right and Left Wheel and Swing Around are performed only by couples 1 and 4 in the first repeat whereas all couples perform these movements in the second repeat.

7) How do you perform the Extended Sides movement?

Gents side step (sevens) to the right behind their lady, ladies side step to the left in front and finish with two short threes. Side step on in the same direction and finish with two short threes, applying the rules for travelling to the right and left. Everyone has moved on one position. New partners take right hands and both turn around each other once. Everyone chains back to their partner and turns around each other into place.

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

- 8) Name the different chains performed in the 8 Hand Reel.
Return Chain and Ladies Chain
- 9) What is the difference between Return Chain and Full Chain?
Return chain – when you meet partner you turn and dance back the direction you came
Full chain – you dance the chain in the same direction right round the set
- 10) What couples perform each stage of the “Back to back and Swing” movement?
Back to back is performed with couples 1 & 4 and 2 & 3
Swing is performed with couple 1 & 3 and 2 & 4

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE 9 – IRISH SECTION

- Q.1 Fáihte Romhat
Welcome
- Faul-che ro-it
- A.1 Go raibh maith agat
Thank you
- Gur-rev mah egg-ut
- Q.2 Cad is ainm duit?
What is your name?
- Cod is anem dit?
- A.2 _____ is ainm dom
My name is _____
- _____ is anem dumb
- Q.3 Cén aois thú?
What age are you?
- Kane eesh who?
- A.3 Tá mé _____ bliana d’aois
I am _____ years old
- Taw may _ bleena deesh
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4
- | | |
|---------------------|-------------------------|
| Reel | Cor |
| Light Jig | Port Eadrom |
| Single Jig | Port Singil |
| Slip Jig | Port Luascadh |
| Treble Jig | Port Trom |
| Hornpipe | Cornphiopa |
| St Patrick’s Day | Lá Le Padraig |
| Blackbird | An Londubh |
| Job of Journey Work | An Greas Guirnala |
| 3 Sea Captains | Na Triuir Chaptaen Mara |
| Garden of Daisies | Gairdin na Noinini |
| Set Dance | Rince Leithleach |
| Gates of Derry | Geatai Dhoire |
| 8-Hand Reel | Cor Ochtair |
- Q.5 Cad is ainm do mhuinteoir rince?
Cod is anem du woon-toir rinnke
- What is the name of your Dancing Teacher?
- A.5 _____ is ainm di/do
_____ is anem dee/doh
- _____ is her/his name
- Q.6 Ar mhait leat glacadh part i gcomortais rince?
Do you like taking part in Competition?
- A.6 Is maith liom gcomortais
is moh lum comortas
- I like competition
- Q.7 Ce acu b’fhearr leat, rince aonair no rince foirne
Kay occu bar lat, rinnke ainor no rinnke four-ne
Do you prefer solo or figure dancing?

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

- A.7 Is fearr liom rince aonair. Is fear liom rince foirne
Is far lum rinnke ainor Is far lum rinnke four-ne
I like solo dancing I like figure dancing
- Q.8 Cen caitheamh aimsire ata agat? What are your hobbies?
Kane cohiv-eyem-shira ataw agut?
- A.8 Is maith liom _____ I like _____
Is mah lum
- Q.9 Ce mheid blian a bhfuil tu ag damhsa? How many years are you dancing?
Kay vaid bleen a will too egg dowsah
- A.9 _____ bleena vleena _____ years
- Q.10 Slán go Foill Slawn gu foal
Goodbye for now
- A.10 Go raibh maith agat Gur rev mah egg ut
Thank you

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

**GRADE TEN King of the Fairies, Own Choice Jig Set Dance x 2, Own Choice Hornpipe Set Dance x 2,
Three Tunes, 8-Hand Jig**

Open Dances should include a variety of both advanced and traditional movements.

THEORY AND MUSIC

- 1) Name the following dances in Irish and give their time signatures:
- | | | |
|---------------------|--------------|-------------------|
| King of the Fairies | Ri na Sioga | 2/4 Step 8 Set 16 |
| 3 Tunes | Na Tri Foinn | 6/8; 4/4; 4/4 |
| 8-Hand Jig | Port Ochtair | 6/8 |
- 2) Name the movements in the following dances:
- | | |
|----------------------|--|
| THREE TUNES | 8-HAND JIG |
| a) Circle | a) Lead Around |
| b) Rings | b) Body: Exchange Places with Partner |
| c) Lead Around | Skip Across |
| d) Stamp and Clap | Swing into Line |
| e) Swing Around | Set all Around |
| f) Roly Poly | c) 1 st Figure – Advance and Retire |
| g) Hook and Chain | d) Body |
| h) Rings | e) 2 nd Figure – Combination of Right Hand Chain & Right Hand to Opposite Lady |
| i) Arches | f) Body |
| j) Stamp and Clap | g) Finishing Movement – Advance & Retire |
| k) Thread the Needle | |
| l) Roly Poly | |
- 3) What are the names of the three tunes and what type of tunes are they?
- Haste to the Wedding – Jig
 - Leslie's Hornpipe
 - The German Beau - Reel
- 4) To which parts of the dance is each tune played?
- Haste to the Wedding – Jig - we perform Circle, Rings (2) and Hook and Chain
 - Leslie's Hornpipe – we perform Lead Around, Stamp and Clap (2) and Arches
 - The German Beau – Reel - we perform Swing Around, Roly Poly (2) and Thread the Needle
- 5) Which couples form the arch for the Thread the Needle movement and in what order?
Leading Tops then Leading Sides
- 6) Describe the "Hook and Chain" movement.
The gents turn to the lady on their left, and hook left arms, turning once then return to own partner taking right hands with partners all dancers chain all around the set, gents counter-clockwise and ladies clockwise, alternating right and left hands until they reach their partner, back in original positions where they turn into place
- 7) What chain is performed in the 2nd Figure of the 8 Hand Jig?
Right and Left Hand Chain

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

- 8) How many bars does it take to complete the 2nd Figure of the 8 hand jig?
32 bars (Couples 1 & 2)
- 9) Describe briefly how the parts of the 2nd figure are broken down?
Right and left chain, right hand to opposite lady, gents meet in centre, swing
- 10) What is the order of couples in the Swing into Line?
1, 3, 4, 2 or Leading Tops, Leading Sides, Opposite Sides, Opposite Tops

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

GRADE 10 – IRISH SECTION

- Q.1 Fáilte Romhat Faul-che ro-it
Welcome
- A.1 Go raibh maith agat Gur-rev mah egg-ut
Thank you
- Q.2 Cad is ainm duit? Cod is anem dit?
What is your name?
- A.2 _____ is ainm dom _____ is anem dumb
My name is _____
- Q.3 Cén aois thú? Kane eesh who?
What age are you?
- A.3 Tá mé _____ bliana d’aois Taw may _ bleena deesh
I am _____ years old
- Q.4 Abair liom as Gaeilge na h-ainmneacha atá ar na rincí seo
(Obar lum ass Gaelge na hanim-na-ka air na rinkee sho)
Tell me the name of the following dances in Irish
- A.4
- | | |
|---------------------|-------------------------|
| Reel | Cor |
| Light Jig | Port Eadrom |
| Single Jig | Port Singil |
| Slip Jig | Port Luascadh |
| Treble Jig | Port Trom |
| Hornpipe | Cornphiopa |
| St Patrick’s Day | Lá Le Padraig |
| Blackbird | An Londubh |
| Job of Journey Work | An Greas Guirnala |
| 3 Sea Captains | Na Triuir Chaptaen Mara |
| Garden of Daisies | Gairdin na Noinini |
| King of the Fairies | Ri na Sioga |
| Set Dance | Rince Leithleach |
| 3 Tunes | Na Tri Foinn |
| 8-Hand Jig | Port Ochtair |
- Q.5 Cad is ainm do mhuinteoir rince? What is the name of your Dancing Teacher?
Cod is anem du woon-toir rinke
- A.5 _____ is ainm di/do _____ is her/his name
_____ is anem dee/doh
- Q.6 Ar mhait leat glacadh part I gcomortais rince?
Do you like taking part in Competition
- A.6 Is maith liom gcomortais I like competition
is moh lum comortas

**COMHDHAIL NA MUINTEOIRI LE RINCI GAELACHA CUIDEACHTA FAOI THEORAINN
RATHAIOCHTHA**

(An Chomhdháil)

- Q.7 Ce acu b'fhearr leat, rince aonair no rince foirne
Kay occu bar lat, rinnke ainor no rinnke four-ne
Do you prefer solo or figure dancing?
- A.7 Is fearr liom rince aonair. Is fear liom rince foirne
Is far lum rinnke ainor Is far lum rinnke four-ne
I like solo dancing I like figure dancing
- Q.8 Cen caitheamh aimsire ata agat? What are your hobbies?
Kane cohiv-eyem-shira ataw agut?
- A.8 Is maith liom _____ I like _____
Is mah lum
- Q.9 Ce mheid blain a bhfuil tu ag damhsa? How many years are you dancing?
Kay vaid bleen a will too egg dowsah
- A.9 _____ bleena vleena _____ years
- Q.10 Slán go Foill Slawn gu foal
Goodbye for now
- A.10 Go raibh maith agat Gur rev mah egg ut
Thank you